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Married to Bhutan: How One Woman Got Lost, Said "I Do," and Found Bliss

By Linda Leaming

Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, Married to Bhutan: How One Woman Got Lost, Said "I Do," and Found Bliss, Linda Leaming, Tucked away in the eastern end of the Himalayas lies Bhutan - a tiny, landlocked country bordering China and India. Impossibly remote and nearly inaccessible, Bhutan is rich in natural beauty, exotic plants and animals, and crazy wisdom. It is a place where people are genuinely content with very few material possessions and the government embraces 'Gross National Happiness' instead of Gross National Product. In this funny, magical memoir, we accompany Linda Leaming on her travels through South Asia, sharing her experiences as she learns the language, customs and religion; her surprising romance with a Buddhist artist; and, her realisations about the unexpected path to happiness and accidental enlightenment. As one of the few Americans to have lived in Bhutan, Leaming offers a rare glimpse into the quirky mountain kingdom so many have only dreamed of. For over ten years, Leaming has lived and worked in the capital city of Thimphu, where there are no traffic lights and fewer than 100,000 people. 'If enlightenment is possible anywhere', she writes, 'I think it is particularly...



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