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The Buddha Walks into a Bar: A Guide to Life for a New Generation (Paperback)

By Lodro Rinzler

Shambhala Publications Inc, United States, 2012. Paperback. Book Condition: New. 214 x 140 mm. Language: English . Brand New Book. This isn't your grandmother's book on meditation. It's about integrating that spiritual practice thing into a life that includes beer, sex, and a boss who doesn't understand you. It's about making a difference in yourself and making a difference in your world whether you've got everything figured out yet or not. Lodro Rinzler is a bright and funny young teacher with a knack for showing how the Buddhist teachings can have a positive impact on every little nook and cranny of your life whether you're interested in being a Buddhist or not.



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