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Frugal Minimalism: Declutter and Simplify (Paperback)

By Gaia Rodale

Createspace, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.If you are like a lot of people you may have taken a step back and started to wonder if all of the stuff in our lives is making them better or simply making them full-of-stuff. Whether by choice or circumstance, taking this step back can be a shock to the system and prompt you to ask questions like whether or not you actually need the newest iPhone, those \$100 jeans, or a newer car. If that sounds like you, you have come to the right place. In Frugal Minimalism: Declutter and Simplify #1 Bestselling Author Gaia Rodale provides you with the know-how you need to start thinking about money, prosperity, and stuff in a different way and to question the pressure society puts on you and your family to keep getting and spending more. With the useful tips and actionable strategies provided, you will learn: What it means to be frugal, and why that doesn't equate to cheap or deprived How frugality and minimalism are about more than money, in fact money is actually the least...



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